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Hello TACT'ies. We missed May, June and July but it seems we were all planting out in our gardens and soon to be reaping the rewards!

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Important Dates:

- Big Green Event Sunday 11th September
- Bring & Share Dinner Friday 26th August
- Champagne morning Tuesday 30th August 2011
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Big Green Event

Sunday 11th September 2011

The official summer holidays have arrived and if you have children you're probably juggling day trips with getting in the garden to pick lettuce and vegetables. TACTies have already been gathering resources and information in preparation for the BIG GREEN EVENT. This is a day of stalls promoting sustainability and green issues, particularly in the local area. You may find ways to save money on your

fuel bill or get tips on growing your own vegetables. There will be live music and stalls that include local organic producers, fair-trade, and eco friendly cleaning products. This year a tent will host demonstrations and opportunities to participate in belly dancing, children's crafts, and there will be talks from Dianne Hubbard, The National Trust and much, much more. We are still looking for volunteers who can help marshal the field, make cakes for the tea shop, serve teas and coffees,



and don't forget there is a baking and jam competition. So harvest your fruit and vegetables and be creative with your baking.

Please step forward and contact info@tact-windermere.co.uk if you can volunteer or even have an idea

Transition North West

Michael Hallam has set up an information networking site for Transition issues in Cumbria and North Lancashire. He refers to it as a platform for sharing information about events and coming events. An invite was circulated via email to

join the Transition North West Network. Their mission statement from their website reads as follows: Transition North West is a networking platform for groups and individuals committed to developing a sustainable, socially and

economically resilient community in the North West of England. It is a place to share ideas, skills and knowledge between members of activities and events taking place all over the region.'

Sign up...take a look and

Electric Bikes in Bowness

www.electric-mountain.co.uk

email this address: sydsquirrel@hotmail.co.uk, if you are interested in the whereabouts of him this month.

Electric Bikes in Bowness

Electric Mountain is a new Lake District business specialising in electric bikes and electric bike activities. They offer a full range of guided tours and rides on their electric bikes as well as various hire packages. If you are 14 or older and you can ride a bike then you can ride an electric bike. The only difference is they are less effort as the bikes motor helps you along. With the vast range of the battery, long distance bike rides and steep hills are easily achievable. Their hire fleet comprises of the

FreeGo Eagle e-bike. The Eagle has the largest range of all the road legal electric bikes on the market. The 17.5 ah battery has a maximum range of 80 miles for the road version and 65 miles for the mountain bike version. They sell the full range of FreeGo electric bikes including the Hawk model and the Folding bike version. Riding an electric bike is infinitely greener than taking your car. The cost of charging an electric bike battery from empty is just a few pence. That equates to a tiny carbon

footprint. Not only that but there is no road tax, no MOT and no insurance required and you don't need a driving licence to ride one. With the rising cost of fuel, an electric bike is the perfect alternative for commuters. For more information contact Warwick and Julia at info@electric-mountain.co.uk or 07407 422 798. You can also check out their website www.electric-mountain.co.uk

**Champagne morning
from 11am
30th August 2011
Low Millerground
Cottage**



Champagne Morning Garden Party

What a lovely way to celebrate summer! Rather than have a coffee morning why don't you join Netty and other TACTies down at Low Millerground Cottage for Mamosas, Bucks Fizz and champagne> Have a summer holiday experience in your own town and spend time enjoying the largest Lake

in England. There will also be plenty of cheese and crackers and other light nibbles to enjoy. Children are welcome and there will be schloer too for those that prefer not to drink alcohol. Come along from 11am bring a few pounds entrance fee then drinks and nibbles are free. All proceeds

go towards TACT's BIG GREEN EVENT. **Low Millerground Cottage, Rayrigg Road, Windermere. Tuesday 30th August 2011 from 11am.**



Car Club Update

A car is still needed to start a community not-for-profit car club in Windermere/Bowness. If you are considering leasing your car to the club, please phone

Sonny Khan on 01539 740 694
or email slacc@slacc.org.uk



Can you share your car and make it greener?

BIG GREEN EVENT

WE NEED YOU!

Please come and join us at **The Big Green Event, Sunday, 11th September** at the **Ladyholme Centre** and **Goodlydale field** in Bowness.



There will be stalls, events, talks and demonstrations about local Green issues. Sustainability; National Trust Intro to footprint

building; Fire by friction demonstration; Live music; Holistic Awareness and beauty; Wild Food walks and much more. Enter the baking competition with home baked, local, fair-trade produce or home-grown and handpicked fruit or veg. Try something with Damsons...go on, be creative! Tell your friends and family to come along.



Big Green Event
Sunday 11th
September 2011
10.30-4.30pm

Active Travel at St Cuthberts

Volunteers from TACT helped at two events at St Cuthbert's Primary School promoting walking and cycling to school. One sunny morning in June children were treated to a fresh fruit smoothie made with a

bicycle powered smoothie maker as they came into school. The following week children's bike's were fixed up in an after-school Dr Bike session. During Active Travel competition week over a third of the pupils walked to school, with

some children coming on their scooters and bicycle's. Keep it up!



Active Travel Guide

Download your copy of the Active Travel Guide here <http://www.slacc.org.uk/>

[ActiveTravelGuide.pdf](#) or pick one up from your local health centre - all about the

benefits of walking and cycling for health in Windermere&Bowness/Kendal/Steveley. You

TACT-Towards a Community Transition – Windermere

Morag Leiper:
07727 000608

Debbie Binch:
015394 88261

Email: info@tact-windermere.co.uk

Windermere
Bowness-on-Windermere
Troutbeck Bridge

TACT—Towards a Community Transition in Windermere, Bowness-on-Windermere and Troutbeck Bridge was formed in February 2010 as a response to a group of community members wanting to work more with sustainability issues & green awareness in the immediate area.

The intention was—and is – to create and work with local groups already doing this work to raise more awareness, opportunities and resources for the public to “get involved” - doing things in ways that are practical, ethical and fun-filled. At the same time to inspire others, support further transition projects—and basically keep working towards a vision of a resilient sustainable future.

Working with the Town Council, and supported by SLACC, amongst others, TACT has been working to create these events throughout the year, with a long term vision that extends into 2011, and beyond.

www.tact-windermere.co.uk



TACT

A Fairtrade Town



Well done to the Fairtrade group and supporters who successfully managed to get 3 signs at entrances to Windermere and Bowness celebrating the towns' Fairtrade status... 'A Fairtrade Town'. Windermere has had Fairtrade status since 2003 and is one of many towns that has goods sold under fair-trade terms for farmers and workers



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Bring & Share Dinner

Friday 26th
August from 6pm
Bring and Share dinners are still taking place throughout the summer at the Elephant & Camel

cafe in Bowness.

Let's get cooking and baking> We can be inventive and use the produce we've grown that's sitting in the garden just waiting to be harvested and eaten...yummy yummy in my tummy! Make delicious salads, tasty vegetable

dishes and fruity puddings. Join us for a wonderful night of sharing delicious food with like minded people who are eager to share ideas about their planting, crops and garden fun.
**Elephant & Camel
Friday 26th August 6pm.**



SLACC Diary Dates

1. Guided History Walk—Led by former major John Bateson Sunday 28th August
2. BEE Creative—Bees workshop for 7-12 yr olds Monday 29th August
3. Torchlight—Unplugged lantern making workshop 6th September
4. Steve Doyle—Cumbrias 40 species of butterflies 26th September
5. Evening of mediumship with Shirley Whitfield 30th September

These are just a handful of the many events, workshops and meetings that are organised by SLACC in Kendal. For more information or to download their newsletter. Check out their website <http://www.slacc.org.uk/>

For more information about SLACC's events take a look at their website:
www.slacc.org.uk